

REFERENCES

- Acharya, P. B., & Deshmukh, R. S. (2012). Self-esteem and academic achievement of secondary school students. *International Referred Research Journal*, 3(2), 1-9.
- Aini, A. N., & Mahardayani, I. H. (2011). "Hubungan Antara kontrol Diri Dengan Prokrastinasi Dalam Menyelesaikan skripsi Pada Mahasiswa Universitas Muria Kudus". *Jurnal Psikologi Pitutur*, Vol 1, No 1, hal 65-71.
- Andreouli, E. (2010). Identity, positioning and self-other relations. *Papers on Social Representations*, 19(14), 14.1-14.13.
- Arias-Chávez, D., Ramos-Quispe, T., Villalba-Condori, K. O., & Postigo-Zumarán, J. E. (2020). Academic procrastination, self-esteem, and self-efficacy in first-term university students in the city of Lima. *International Journal of Innovation, Creativity and Change*, 11(10), 339–357.
- Arshad, M., Zaidi, S. M. I. H., & Mahmood, K. (2015). self-esteem & academic performance among university students. *Journal of Education and Practice*, 6(1), 152-161.
- Azwar, S. (2011). Penyusunan Skala Psikologi, Edisi 2. Yogyakarta: Pustaka Pelajar.
- Babu, P., Chandra, Km., Vanishree, M., & Amritha, N. (2019). Relationship between academic procrastination and self-esteem among dental students in Bengaluru City. *Journal of Indian Association of Public Health Dentistry*, 17(2), 146. https://doi.org/10.4103/jiaphd.jiaphd_182_18.
- Bagheri, M., S., & Faghih, M. (2012). The relationship between self-esteem, personality type and reading comprehension of Iranian EFL students. *Theory and Practice in Language studies*. 2(8), 1641-1650.

- Bajaj, B., Gupta, R., & Pande, N. (2016). Self-esteem mediates the relationship between mindfulness and well-being. *Personality and Individual Differences*, 94, 96-100. doi:10.1016/j.paid.2016.01.020.
- Balkis, M. (2013). Academic procrastination, academic life satisfaction and academic achievement: The mediation role of rational beliefs about studying. *Journal of Cognitive and Behavioral Psychotherapies*, 13(1), 57-74.
- Bashir, L., & Gupta, S. (2019). Measuring Academic Procrastination: Scale Development and Validation. *Ilkogretim Online*, 18(2).
- Cardona, L. (2015). *Relaciones entre procrastinación académica y estrés académico en estudiantes universitarios*. Universidad de Antioquia, Medellín: Colombia.
- Dedmond, L. (2011). *Self-esteem: The relationship between urban and suburban fourth-grade girls' image of themselves*. Capella University, Minneapolis, USA.
- Duru, E., & Balkis, M. (2017). Procrastination, self-esteem, academic performance, and well-being: A moderated mediation model. *International Journal of Educational Psychology*, 6(2), 97.
- Engelschalk, T., Steuer, G., & Dresel, M. (2016). Effectiveness of motivational regulation: Dependence on specific motivational problems. *Learning and Individual Differences*, 52, 72–78.
- Fitria (2016). Hubungan Antara Self Efficacy Dengan Prokrastinasi Akademik Pada Mahasiswa Fakultas Psikologi Universitas Medan Area. Universitas Medan Area. Medan
- Fitriani (2013) Hubungan Antara Self- Efficacy Dengan Prokrastinasi Akademik Pada Mahasiswa Fakultas Psikologi Universitas Medan Area. Universitas Medan Area. Medan.

- Fraenkel, J. R., Wallen, N. E. (2008). Introduction to Qualitative Research: How to Design and Evaluate Research in Education, 7th ed. Boston, MA: McGraw-Hill.
- Frank, J. A. (2011). Aspects of psychological resilience among youth. *Journal of youth*, 8(2), 103-115.
- González-Brignardello, M. P. & Sánchez-Elvira-Paniagua, A. (2013). ¿Puede amortiguar el engagement los efectos nocivos de la procrastinación académica? *Acción Psicológica*, 10(1), 117-134.
- Grunschel, C., Schwinger, M., Steinmayr, R., & Fries, S. (2016). Effects of using motivational regulation strategies on students' academic procrastination, academic performance, and well-being. *Learning and Individual Differences*, 49, 162–170. <https://doi.org/10.1016/j.lindif.2016.06.008>.
- Ghufron, M.N., & Rini R.S. (2010). Teori-Teori Psikologi. Yogyakarta: Ar-Ruzz Media.
- Ghufron, M. N., & Risnawati, R. S. (2010), Teori-Teori Psikologi. Yogyakarta: Ar-Ruzz.
- H. Korkmaz, G. Duman. (2014). Public understanding about *homeschooling*: A preliminary study Procedia Social and Behavioral Sciences, 116 , pp. 3891-3897
- Harter, S. (2012). *Self-perception profile for adolescents: Manual and Questionnaires*. University of Denver, Department of Psychology.
- Hartono, J., (2008), *Teori Portofolio dan Analisis Investasi*, Edisi Kelima, BPFE UGM, Yogyakarta.
- Hernández, Y. C. U., Cueto, O. F. A., Shardin-Flores, N., & Luy-Montejo, C. A. (2020). Academic procrastination, self-esteem and self-efficacy in university students: Comparative study in two peruvian cities. *International Journal of Criminology and Sociology*, 2474–2480. <https://doi.org/10.6000/1929-4409.2020.09.300>

Hisken, L. J. (2011). *The correlation between self-esteem and student reading ability, reading level, and academic achievement*. (Master thesis), University of Central Missouri.

Johnson, B and Christensen, L. 2012. Educational Research: Quantitative, Qualitative, and Mixed Approaches. London: SAGE Publications, Inc.Jakarta: PT Rineka Cipta.

Juyandegan, M. (2016). The relationship between self-esteem and reading comprehension of EFL Iranian pre-university learners. *International Journal of Asian Social Science*, 6(5), 303-313.

Kim, H. S., & Ko, D. (2007). *Culture and self-expression*. Santa Barbara University, California, USA.

Kim, K. R., & Seo, E. H. (2015). The relationship between procrastination and academic performance: A meta-analysis. *Personality and Individual Differences*, 82, 28-33.

Klingsieck, K. B., Grund, A., Schmid, S., & Fries, S. (2013). Why students procrastinate: A qualitative approach. *Journal of College Student Development*, 54, 397–412. <https://doi.org/10.1353/csd.2013.0060>.

Lin, C. C. (2015). Self-esteem mediates the relationship between dispositional gratitude and well-being. *Personality and Individual Differences*, 85, 145-148. doi:10.1016/j.paid.2015.04.045.

Liu, G., Cheng, G., Hu, J., Pan, Y., & Zhao, S. (2020). Academic Self-Efficacy and Postgraduate Procrastination: A Moderated Mediation Model. *Frontiers in Psychology*, 11(July), 1–9. <https://doi.org/10.3389/fpsyg.2020.01752>

Malkoç, A., & Mutlu, A. K. (2018). Academic self-efficacy and academic procrastination: Exploring the mediating role of academic motivation in Turkish university students. *Universal Journal of Educational Research*, 6(10), 2087–2093. <https://doi.org/10.13189/ujer.2018.061005>

- Maropamabi, G. (2014). Role of self-efficacy and self-esteem in academic performance. *European Journal of Educational Sciences*, 2(2), 8-22.
- McCloskey, J.D. (2011). Finally, My Thesis on Academic Procrastination. Faculty of the Graduate School, The University of Texas at Arlington, Texas.
- Medina, M. & Tejada, M. (2015). *La autoestima y procrastinación académica en jóvenes universitarios*.
- Moreli, A. O., & Domberk, M. (2016). Benefits of healthy high self-esteem. *Behavioral Connection*.
- Nada. (2020). Pengaruh Perfeksionisme, Konformitas, dan Media Sosial Terhadap Prokrastinasi Akademik dengan Academic Hardiness Sebagai Variabel Moderasi. *Economic Education Analysis Journal*, 9(1), 119-132.
- Naoul, M., B. (2015). The role of foreign language learners' self- esteem in enhancing their oral performance. *International Journal of Multi Disciplinary Research*, 2(2), 1-12.
- Nunan, D. 1992. Research Methods in Language Learning. Cambridge: Cambridge University Press.
- O'dweryer, K. (2012). Emerson's argument for self-reliance as a significant factor in a flourishing life, *Journal of Philosophy of Life*, 2(1), 102-110.
- Pillay, S. (2016). How simply moving bene! ts your mental health.
- Prawitasari, J. E. (2012). Psikologi terapan: melintas batas disiplin ilmu. Jakarta: Erlangga.
- Proroković, A. (2012). Some characteristics of social interactions among adolescents in Croatia, Bosnia and Herzegovina, and Macedonia. *Psychology research and behavior management*, 5, 163.
- Przepiórka, A., Błachnio, A., & Siu, N. Y. F. (2019). The relationships between self-efficacy, self-control, chronotype, procrastination and sleep problems in young adults. *Chronobiology International*, 36(8), 1025–1035.

<https://doi.org/10.1080/07420528.2019.1607370>

- Putra, J., & Halimah, L. (2014). Hubungan antara Self-Efficacy dengan Prokrastinasi Akademik pada Mahasiswa Fakultas Pendidikan Agama Islam di Universitas Islam 45 Bekasi. *Prosiding Psikologi*, 437-445.
- Rahim, A. S., Shalaby, M. H., & Hasan, A. M. A. (2014). Assessment of nursing students self-awareness dealing with psychiatric patient. *International Journal and Advanced Research*, 2(2), 705-713.
- Rahimi, S., & Vallerand, R. J. (2021). The role of passion and emotions in academic procrastination during a pandemic (COVID-19). *Personality and Individual Differences*, 179. <https://doi.org/10.1016/j.paid.2021.110852>
- Rozental, A., & Carlbring, P. (2014). Understanding and treating procrastination: A review of a common self-regulatory failure. *Psychology*, 5(13), 1488–1502. <https://doi.org/10.4236/psych.2014.513160>.
- Sarasota, FL. (2011). *How to build your self-esteem in a weekend*. Retrieved from E-BookSelf-Esteem-Experts.com
- Schnettler, T., Bobe, J., Scheunemann, A., Fries, S., & Grunschel, C. (2020). Is it still worth it? Applying expectancy-value theory to investigate the intraindividual motivational process of forming intentions to drop out from university. *Motivation and Emotion*. Advance online publication. DOI: 10.1007/s11031-020-09822-w.
- Sherman, A. (2015). *Characteristic of high and low self-esteem*. Retrieved from : <https://psychskills.com/characteristics-of-high-and-low-self-esteem/>
- Shore, K. (2016). The students with low self-esteem. *Education World*. Retrieved from http://www.educationworld.com/a_curr/shore059.shtml
- Smith, S. R., & Harte, V. (2015). *Self-esteem for dummies*. Retrieved from <http://www.dummies.com/health/mental-health/self-esteem/10characteristics-of-people-with-high-self-esteem/>

Stover, P. (2013). Nine common characteristics of self-esteem. Retrieved from <http://theroadadventure.org/blog/entry/nine-common-characteristics-of-high-self-esteem>

Sugiyono. 2016. Metode Penelitian Kuantitatif, Kualitatif dan R&D. Bandung: Alfabeta.

Sveningsson, S., Alvehus, J., & Alvesson, M. (2012). Managerial leadership: Identities, processes, and interactions. *The work of managers: Towards a practice theory of management*, 69-86.

Tayyaba, N. & Saman, I. (2015). Relationship between Procrastination & Self Esteem among Male & Female University Students. *European Academic Research*, 3(2). <http://euacademic.org/UploadArticle/1679>.

Tracy, B. (2016). *How to build your self-esteem*, July 27, 2016 [Video file]. Retrieved from <https://www.youtube.com/watch?v=EIo2qY370II>

Tuncel, H. (2015). The relationship between self-confidence and learning Turkish as a foreign language. *Educational research and reviews*, 10(18), 2575 2589.

Ursia, N. R., Siaputra, I. B., & Sutanto, N. (2013). Academic Procrastination and Self-Control in Thesis Writing Students of Faculty of Psychology, University of Surabaya. *Makara Human Behavior Studies in Asia*, Vol.17 No. 1, 1. <https://doi.org/10.7454/mssh.v17il.1798>.

Utaminingsih, S., & Setyabudi, I. (2012). Tipe kepribadian dan prokrastinasi akademik pada siswa sma” x” tangerang. *Jurnal Psikologi Esa Unggul*, 10(01), 127006.

Vazire, S., & Carlson, E. S. (2010). Self-knowledge of personality: Do people know themselves?. *Social and Personality Psychology Compass*, 4(8), 605-620.

Wang, Y., Gao, H., Sun, chang, Liu, J., & Fan, X. long. (2021). Academic procrastination in college students: The role of self-leadership. *Personality and Individual Differences*, 178. <https://doi.org/10.1016/j.paid.2021.110866>

- Wangid, M. N. (2014). *Prokrastinasi Akademik: Perilaku Yang Harus Dihilangkan*, Vol. 2 No. 2, 14.
- Waschle, K., Lachner, A., Stucke, B., Rey, S., Frömmel, C., & Nückles, M. (2014). Effects of visual feedback on medical students' procrastination within web-based planning and reflection protocols. *Computers in Human Behavior*, 41, 120–136. <https://doi.org/10.1016/j.chb.2014.09.022>.
- Wekke, I. S. (2019). *Belajar, Perguruan Tinggi, dan Tradisi Akademik: Melangkah ke Bangku Kuliah*. <https://doi.org/10.31227/osf.io/sqmpx>.
- Wolters, C. A., & Benzon, M. B. (2013). Assessing and predicting college students' use of strategies for the self-regulation of motivation. *Journal of Experimental Education*, 81, 199–221.
- Yazıcı, H., & Bulut, R. (2015). Investigation into the Academic Procrastination of Teacher Candidates' Social Studies with Regard to their Personality Traits1. *Procedia - Social and Behavioral Sciences*, 174, 2270–2277. <https://doi.org/10.1016/j.sbspro.2015.01.886>
- Yerdelen, S., McCaffrey, A., & Klassen, R. M. (2016). Longitudinal examination of procrastination and anxiety, and their relation to self-efficacy for self-regulated learning: Latent growth curve modeling. *Educational Sciences: Theory & Practice*, 16, 5–22. <https://doi.org/10.12738/estp.2016.1.0108>.