

ABSTRAK

Penelitian dengan judul “Spiritual Lansia Jama’ah Rabu Legi Masjid Baiturrahman Kabupaten Tulungagung” ini ditulis oleh Rurin Kholifatul Zanna dengan NIM.126303211019. Dengan dosen pembimbing Bapak Ahmad Fauzan, SS., M. Pd. I

Kata Kunci : Pengalaman spiritual,Lansia,Kegiatan keagamaan,Jama’ah Rabu Legi,Fenomenologi

Penelitian ini bertujuan untuk memahami pengalaman spiritual lansia setelah mengikuti kegiatan keagamaan jama’ah Rabu Legi di Masjid Baiturrahman, Kabupaten Tulungagung. Penelitian ini menggunakan metode penelitian kualitatif dengan pendekatan fenomenologi. Data yang dikumpulkan melalui wawancara mendalam terhadap lansia yang aktif dalam kegiatan tersebut. Hasil penelitian menunjukkan bahwa keterlibatan dalam kegiatan jama’ah Rabu Legi memberikan dampak positif terhadap spiritualitas lansia. Subjek merasakan kebahagiaan dan ketenangan batiniah, Selain itu, kegiatan ini juga mendorong perubahan sikap keagamaan, peningkatan semangat beribadah, dan membentuk suasana kebersamaan yang mendukung emosional. Lansia pun menjadi lebih ikhlas, teratur dan termotivasi dalam menjalankan ibadah, kegiatan keagamaan jama’ah Rabu Legi ini tidak hanya menjadi sarana ibadah, tetapi juga wadah penguatan spiritual dan emosional yang memperkaya makna hidup para lansia.

ABSTRACT

This research entitled “The Spiritual Experience of Elderly Members of the Rabu Legi Congregation at Baiturrahman Mosque, Tulungagung Regency” was written by Rurin Kholifatul Zanna, NIM.126303211019. With the supervisor Mr. Ahmad Fauzan, SS., M.Pd.I.

Keywords : Spiritual experience, Elderly, Religious activities, Rabu Legi Congregation, Phenomenology

This study aims to understand the spiritual experience of elderly after following the religious activities of jama'ah Rabu Legi at Baiturrahman Mosque, Tulungagung Regency. This study use qualitative research methods with a phenomenological approach. Data collected through in-depth interviews with elderly who are active in these activities. The results showed that involvement in jama'ah Rabu Legi activities had a positive impact on the spirituality of the elderly. The subject feels happiness and inner peace, in addition, this activity also promotes a change in religious attitudes, an increase in the spirit of worship, and forms an emotionally supportive atmosphere of togetherness. Seniors also become more sincere, organized and motivated in carrying out worship, jama'ah Rabu Legi's religious activities are not only a means of worship, but also a place of spiritual and emotional strengthening that enriches the meaning of life for the elderly.