

## ABSTRAK

Iqbal Salsabila Imama NIM: 12201193255 Tahun 2024 “Peran Guru Pendidikan Agama Islam dalam Meningkatkan Self Control Peserta Didik di SMA Negeri 1 Sutojayan” Skripsi pendidikan agama islam Fakultas Tarbiyah dan Ilmu keguruan pembimbing Bapak Dr. Anas Ribab Sibilana, M.Pd

**Kata Kunci:**Peran Guru, *Self Control*

Penelitian bermula Pendidikan memiliki peran sentral dalam membentuk karakter peserta didik, terutama dalam konteks Pendidikan Agama Islam. Guru Pendidikan Agama Islam berperan penting dalam membimbing peserta didik menuju kedewasaan jasmani dan rohani. Fokus utama guru adalah tidak hanya mentransfer pengetahuan agama, tetapi juga membentuk karakter, termasuk meningkatkan self-control peserta didik. Dalam suatu observasi di SMAN 1 Sutojayan Blitar, terdapat tantangan seperti kurangnya fokus peserta didik dalam KBM. Meskipun demikian, Guru Pendidikan Agama Islam mampu mengatasi dan mengondisikan fokus peserta didik dengan efektif.

Fokus Penelitian penulisan skripsi ini meliputi (1) Bagaimana peran guru PAI dalam Meningkatkan *Cognitive Control* Peserta Didik di SMA Negeri 1 Sutojayan?., (2) Bagaimana peran guru PAI dalam Meningkatkan *Behavior Control* Peserta Didik di SMA Negeri 1 Sutojayan?., (3) Bagaimana peran guru PAI dalam Meningkatkan *Decision Control* Peserta Didik di SMA Negeri 1 Sutojayan ?

Penelitian ini merupakan penelitian deskriptif Kualitatif. Teknik pengumpulan data yang digunakan dalam penelitian ini adalah observasi, wawancara mendalam dan dokumentasi. Pengamatan dilakukan dengan cara melihat dan mengamati guru pendidikan agama islam dalam membentuk self Control di di SMAN 1 sutojayan Blitar. Sementara itu, dokumen dan penelitian ini berupa informasi tertulis dan bergambar yang berkenaan peran guru pendidikan gama islam

Hasil penelitian pada penelitian ini (1) Peran guru PAI dalam meningkatkan *cognitive control* ialah dengan cara guru konsisten menyampaikan setiap materi dalam pembelajaran khususnya dalam konteks Pendidikan Agama Islam. (2) Peran guru PAI dalam meningkatkan *behavior control* peserta didik dengan cara aktif dan telaten dalam membimbing peserta didik pada pembelajaran berlangsung dengan konteks pembelajaran yang bersifat praktik. Selain itu, guru memiliki peran utama dalam membentuk karakter peserta didik. (3) Peran guru PAI dalam meningkatkan *decision control* dengan cara guru fokus dan teliti dalam memberikan soal baik berupa tanya-jawab lisan, multipecoice, uraian, serta ujian praktik dalam pembelajaran. Meskipun dihadapkan pada tantangan, seperti kurangnya fokus peserta didik dalam kegiatan belajar mengajar, Guru Pendidikan Agama Islam di SMAN 1 Sutojayan Blitar berhasil mengatasi dengan efektif. Oleh karena itu, penelitian berjudul "Peran Guru Pendidikan Agama Islam dalam Meningkatkan *Self Control* Peserta Didik di SMA Negeri 1 Sutojayan" menjadi relevan untuk mengeksplorasi solusi yang lebih efektif dan efisien dalam meningkatkan self-control peserta didik di tingkat SMA.

## ABSTRACT

Iqbal Salsabila Imama Student ID: 12201193255 Year 2024 "The Role of Islamic Education Teachers in Enhancing Students' Self-Control at SMA Negeri 1 Sutojayan" A thesis in Islamic Education, Faculty of Tarbiyah and Teacher Training, supervised by Dr. Anas Ribab Sibilana, M.Pd

Keywords: Teacher Role, Self-Control

The research begins with education playing a central role in shaping the character of students, especially in the context of Islamic Religious Education. Islamic Religious Education teachers play a crucial role in guiding students towards physical and spiritual maturity. The main focus of teachers is not only to transfer religious knowledge but also to shape character, including enhancing the self-control of students. In an observation at SMAN 1 Sutojayan Blitar, challenges were identified, such as a lack of focus among students during teaching and learning activities (KBM). Nevertheless, Islamic Religious Education teachers were effective in overcoming and conditioning the focus of students.

The research focus of this thesis includes (1) Examining the role of Islamic Religious Education teachers in enhancing *Cognitive Control* of students at SMA Negeri 1 Sutojayan, (2) Investigating the role of Islamic Religious Education teachers in improving *Behavior Control* of students at SMA Negeri 1 Sutojayan, and (3) Exploring the role of Islamic Religious Education teachers in increasing Decision Control of students at SMA Negeri 1 Sutojayan.

This research employs a qualitative descriptive approach. Data collection techniques include observation, in-depth interviews, and documentation. Observations involve watching and examining Islamic Religious Education teachers in forming self-control at SMAN 1 Sutojayan Blitar. Additionally, documents and information related to the role of Islamic Religious Education teachers are considered in this study.

The results of the research in this study are (1) The role of PAI teachers in improving cognitive control is by consistently delivering each material in learning, especially in the context of Islamic Religious Education. (2) The role of PAI teachers in improving students' behavior control by actively and painstakingly guiding students in learning that takes place in a practical learning context. Apart from that, teachers have a major role in shaping the character of students. (3) The role of PAI teachers in improving decision control is by focusing and being thorough in giving questions in the form of oral questions and answers, multiple questions, descriptions, and practical exams in learning. Even though they were faced with challenges, such as a lack of student focus in teaching and learning activities, the Islamic Religious Education Teacher at SMAN 1 Sutojayan Blitar managed to overcome them effectively. Therefore, the research entitled "The Role of Islamic Religious Education Teachers in Improving Students' Self- Control at SMA Negeri 1 Sutojayan" is relevant to explore more effective and efficient solutions in increasing students' self-control at the high school level.