

DAFTAR RUJUKAN

- 'Isa, 'Abd al-Qadir, Khoirul Amru Harahap, Afrizal Lubis, and Taufik Damas. *Hakekat tasawuf*. Jakarta: Qisthi Press, 2005.
- Adibullah, Ahmad, and Syamsun Ni'am. *Memaknai Kepribadian dan Perilaku Manusia: Perspektif Tasawuf dan Psikologi*. 1, no. 3 (2024): 70–83.
- Aisyah, Aisyah. "Menelaah Mahakarya Muhammad Quraish Shihab: Kajian Metodologis Dan Penafsirannya Dalam Tafsir Al Misbah." *Ulumul Qur'an: Jurnal Kajian Ilmu Al-Qur'an Dan Tafsir* 1, no. 1 (January 2021): 43–65. <https://doi.org/10.58404/uq.v1i1.12>.
- Al-Ghazali. *Ihya' 'Ulumiddin: Menghidupkan Kembali Ilmu-Ilmu Agama*. 3. Jakarta Selatan: Republika, 2010.
- Al-Kaisi, Meis. "Rethinking Conceptual Sufism: A Synthesis of Islamic Spirituality, Asceticism, and Mysticism." *Teosofi: Jurnal Tasawuf Dan Pemikiran Islam* 11, no. 2 (October 2021): 169–93. <https://doi.org/10.15642/teosofi.2021.11.2.169-193>.
- Al-Khalidi, Shalah Abdul Fattah. *Mudah Tafsir Ibnu Katsir. 3: Al- An'ām s.d.Hūd*. Cetakan pertama. Jakarta Timur: Maghfirah Pustaka, 2017.
- An Naisaburi, Abul Qasim Abdul Karim Hawazin Al-Qusyairi. *Risalah Qusyairiyah Sumber Kajian Ilmu Tasawuf*. Jakarta: Pustaka Amani, 2007.
- Anitha, Patnayakuni, and Suresh Sundaram. "Prevalence, Types and Reasons for Academic Dishonesty among College Students." *JSSH: Journal of Studies in Social Sciences and Humanities* 7, no. 1 (2021): 1–14.
- Asy'ari, Abdul Hasib. "Wara' Dalam Ajaran Tasawuf Imam Junaid Al-Baghdadi." *Jurnal Penelitian Ilmu Ushuluddin* 1, no. 3 (September 2021): 209–23. <https://doi.org/10.15575/jpiu.12845>.
- Averill, James R. "Personal Control over Aversive Stimuli and Its Relationship to Stress." *Psychological Bulletin* 80, no. 4 (October 1973): 286–303. <https://doi.org/10.1037/h0034845>.
- Azwar, Saifuddin. *Penyusunan Skala Psikologi*. 2. Yogyakarta: Pustaka Pelajar, 2014.
- Az-Zahrah, Fatimah. *Ruh, Nafs, Akal, Qolb, Fitrah Sebagai Potensi Dalam Membekali Manusia Sebagai Abdullah*. 3, no. 3 (2005): 100–106. <https://doi.org/10.65946/2rnfb333>.

- Badre, David. "Cognitive Control." *Annual Review of Psychology* 76, no. 1 (January 2025): 167–95. <https://doi.org/10.1146/annurev-psych-022024-103901>.
- Barry, Carolyn McNamara, and Larry J. Nelson. "Religiosity in Adolescence and Emerging Adulthood." In *Encyclopedia of Adolescence*, edited by Roger J. R. Levesque, 2339–53. New York, NY: Springer New York, 2011. https://doi.org/10.1007/978-1-4419-1695-2_265.
- Chizanah, Lu'luatul, and M. Noor Rochman Hadjam. *Validitas Konstruk Ikhlas: Analisis Faktor Eksploratori Terhadap Instrumen Skala Ikhlas*. 38, no. 2 (2011): 199–214.
- Choiroh, Wahyuni Nuryatul, and Faiz Kamal. *Resiliensi Qur'ani Dalam Lensa Tafsir al-Misbah: Implementasi Konseptual Atas Ketahanan Mental Generasi Muda*. 3, no. 2 (2024): 49–68.
- Courtney, Matthew, and Ray Gordon. *Determining the Number of Factors to Retain in EFA: Using the SPSS R-Menu v2 0 to Make More Judicious Estimations*. 18, no. 8 (2013): 1–14. <https://doi.org/10.7275/9CF5-2M72>.
- Fazlin, Hani. *Mengenal Tafsir Nusantara: Menggali Sisi Kenusantaraaan Tafsir Al-Azhar Karya Buya Hamka*. 1, no. 1 (2023): 244–62.
- Fujiana, Fitri, Triyana Harlia Putri, Tamara Septia Chairunisa, Ridha Sri Rezeki, and Dialika Putri Miftazah. "Gambaran Paparan Pornografi Pada Mahasiswa di Kota Pontianak." *Jurnal Vokasi Keperawatan (JVK)* 6, no. 1 (June 2023): 1–6. <https://doi.org/10.33369/jvk.v6i1.27432>.
- Gamer, Matthias, and Heiko Hecht. "Are You Looking at Me? Measuring the Cone of Gaze." *Journal of Experimental Psychology: Human Perception and Performance* 33, no. 3 (2007): 705–15. <https://doi.org/10.1037/0096-1523.33.3.705>.
- Garland, Ron. *The Mid-Point on a Rating Scale: Is It Desirable?* 2 (1991): 66–70.
- Ghoffar, M. Abdul. *Tafsir Ibnu Katsir Jilid 3*. 2nd ed. Bogor: Pustaka Imam asy-Syafii, 2003.
- . *Tafsir Ibnu Katsir Jilid 5*. Bogor: Pustaka Imam asy-Syafii, 2003.
- Ghoffar, M. Abdul, and Abu Ihsan Al-Atsari. *Tafsir Ibnu Katsir Jilid 6*. Bogor: Pustaka Imam asy-Syafii, 2004.
- . *Tafsir Ibnu Katsir Jilid 8*. Bogor: Pustaka Imam asy-Syafii, 2005.
- Habibi, Debi Fajrin. *WARA' DAN IMPLEMENTASINYA DALAM PERGAULAN SOSIAL*. 1, no. 2 (2023): 54–62.

- Haidar, Galih, and Nurliana Cipta Apsari. "Pornografi pada Kalangan Remaja." *Prosiding Penelitian dan Pengabdian kepada Masyarakat* 7, no. 1 (July 2020): 136–43. <https://doi.org/10.24198/jppm.v7i1.27452>.
- Hair, Joseph F., William C. Black, Barry J. Babin, and Rolph E. Anderson. *Multivariate Data Analysis*. Eighth edition. Australia Brazil Mexico South Africa Singapore United Kingdom United States: Cengage, 2019.
- Hamka, Hamka. *Tafsir Al Azhar Jilid 7*. Singapura: Pustaka Nasional Pte Limited, 2010.
- . *Tafsir Al-Azhar Jilid 1*. Singapura: Pustaka Nasional Pte Limited, 2010.
- . *Tafsir Al-Azhar Jilid 4*. Singapura: Pustaka Nasional Pte Limited, 2010.
- . *Tafsir Al-Azhar Jilid 6*. Singapura: Pustaka Nasional Pte Limited, 2010.
- Haque, Amber. "Psychology from Islamic Perspective: Contributions of Early Muslim Scholars and Challenges to Contemporary Muslim Psychologists." *Journal of Religion and Health* 43, no. 4 (December 2004): 357–77. <https://doi.org/10.1007/s10943-004-4302-z>.
- Jauziyah, Ibnu Qayyim al-. *Madarijus-salikin: pendakian menuju Allah*. Translated by Kathur Suhardi. Jarkarta: Pustaka al-Kautsar, 1998.
- Jin, Bo Kyoung, and Hye Young Ahn. "Development and Validation of a Self-Control Competency Scale for Late-School-Aged Children." *Child Health Nursing Research* 26, no. 4 (October 2020): 411–21. <https://doi.org/10.4094/chnr.2020.26.4.411>.
- Julistia, Rini, Yuliyana Yuliana, Yara Andita Anastasya, Ika Amalia, Rahmia Dewi, and Widi Astuti. "Gambaran Intensi Menyontek Pada Mahasiswa Di Universitas X." *Jurnal Psikologi Terapan (JPT)* 5, no. 2 (February 2023): 106–14. <https://doi.org/10.29103/jpt.v5i2.9543>.
- Jumantoro, Totok, and Samsul Munir Amin. *Kamus Ilmu Tasawuf*. T.t.p: Amzah, 2005.
- Khoirin, Taufiq, Muhammad Fathin, and Siti Rohimah. "Eksplorasi Ruh, Nafs, Qalbu, Dan Fitrah Sebagai Potensi Dasar Dalam Membentuk Kepribadian Sebagai 'Abdullāh." *TSAQOFAH* 5, no. 4 (July 2025): 4249–56. <https://doi.org/10.58578/tsaqofah.v5i4.6754>.
- Latorre, Ronald A. "The Unitary Construct Variouslly Named Overinclusion and Cognitive Style." *The Journal of Psychology* 99, no. 1 (May 1978): 113–17. <https://doi.org/10.1080/00223980.1978.9921449>.

- M. Abdul Aziz and Martoyo Martoyo. "Sikap Wara' Seorang Siswa: (Studi dalam Kitab Ta'lim Muta'allim Karya Az-Zarnuji)." *Al-Tarbiyah : Jurnal Ilmu Pendidikan Islam* 2, no. 3 (June 2024): 320–29. <https://doi.org/10.59059/al-tarbiyah.v2i3.1279>.
- Madjid, Andi Nurul Fatimah, Aswar, and Andi Tajuddin. "Effects of Self-Control Ability in Pressing Aggressive Behavior." *Psikologia : Jurnal Psikologi* 6, no. 1 (May 2022): 1–11. <https://doi.org/10.21070/psikologia.v6i1.1210>.
- Mayori, Irida. "Konsep Wara' Perspektif Abu Nasr as-Sarraji Dan Imam al-Qusyairi Serta Implikasinya Di Era Kontemporer." UIN Sultan Syarif Kasim Riau, 2025.
- Moqsith, Abd. *Kajian Tasawuf Al-Harits Ibn Asad al-Muhasibi Studi Kitab al-Ri'ayah Li Huquq Allah*. 15, no. 1 (2017): 41–68.
- Mukhlisin. "Ciri-Ciri Wara' dalam Al-Qur'an (Studi Tafsir Al-Misbah dan Tafsir Al-Azhar)." UIN Raden Intan Lampung, 2017.
- Munawwir, Ahmad Warson. *Kamus Munawwir*. Surabaya: Pustaka Progresif, 1997.
- Nicholson, Reynold Alleyne. *The Kitab Al-Luma' Fi 'L-Tasawwuf of Abu Nasr 'Abdallah B. 'Ali Al-Sarraji Al-Tusi*. Leiden: E. J. Brill, 1914.
- Novrianto, Riangga, Anggia Kargenti Evanurul Maretti, and Hasbi Wahyudi. *Validitas Konstruk Instrumen General Self Efficacy Scale Versi Indonesia*. 15, no. 1 (2019): 1–9. <https://doi.org/http://dx.doi.org/10.24014/>.
- Palupi Soenjoto, Wening Purbatin. "Fenomena Ghibah Virtual pada Komunikasi Era Milenial Menurut Perspektif Islam." *Proceedings of Annual Conference for Muslim Scholars*, no. Vol 3 No 1 (2019): AnCoMS 2019 (2019): 261–68.
- Podsakoff, Philip M., Scott B. MacKenzie, Jeong-Yeon Lee, and Nathan P. Podsakoff. "Common Method Biases in Behavioral Research: A Critical Review of the Literature and Recommended Remedies." *Journal of Applied Psychology* 88, no. 5 (2003): 879–903. <https://doi.org/10.1037/0021-9010.88.5.879>.
- Purwanto, BM. *Beberapa Isu Pengukuran Konstruk dalam Riset Keperilakuan Dan Organisasi*. Secs. 1-4. 18, no. 1 (2014). <https://doi.org/10.2397/benefit.v18i1.1392>.
- Putri, Amanda Permata, and Sri Panca Setyawati. *Pentingnya Memahami Kondisi Kontrol Diri Siswa Pembolos*. 8 (2025): 1074–79. <https://doi.org/10.29407/r9da2f89>.

- Romero Jeldres, Marcela, Elisabet Díaz Costa, and Tarik Faouzi Nadim. "A Review of Lawshe's Method for Calculating Content Validity in the Social Sciences." *Frontiers in Education* 8 (November 2023): 1–8. <https://doi.org/10.3389/feduc.2023.1271335>.
- Safira, Fairus Hanna. "Pengembangan Alat Ukur Tasamuh Pada Masyarakat Muslim." Universitas Islam Riau, 2020.
- Saifuddin, Ahmad. *Penyusunan Skala Psikologi*. 1st ed. Jakarta: Prenadamedia Group, 2020.
- Saifuddin, Ahmad, Lintang Seira Putri, and Hellenna Kartika Sari. "Development Of Qana'ah Measurement Instrument Using Confirmatory Factor Analysis." *Academic Journal of Psychology and Counseling* 4, no. 2 (November 2023): 235–62. <https://doi.org/10.22515/ajpc.v4i2.6506>.
- Saleh, Adnan Achiruddin. *Pengantar Psikologi*. Makassar: Aksara Timur, 2018.
- Sartika, Ahdha, and Irwan Nuryana Kurniawan. "Skala Tawakal kepada Allah: Pengembangan Ukuran-Ukuran Psikologis Surrender to God dalam Perspektif Islam." *Psikologika: Jurnal Pemikiran Dan Penelitian Psikologi* 20, no. 2 (May 2015): 129–42. <https://doi.org/10.20885/psikologika.vol20.iss2.art3>.
- Sayehmiri, Kourosh, Karez Ibrahim Kareem, Kamel Abdi, Sahar Dalvand, and Reza Ghanei Geshlagh. *The Relationship between Personality Traits and Marital Satisfaction: A Systematic Review and Meta-Analysis*. 8, no. 15 (2020): 1–8. <https://doi.org/10.1186/s40359-020-0383-z>.
- Scher, Steven J., and Nicole M. Osterman. "Procrastination, Conscientiousness, Anxiety, and Goals: Exploring the Measurement and Correlates of Procrastination among School-aged Children." *Psychology in the Schools* 39, no. 4 (July 2002): 385–98. <https://doi.org/10.1002/pits.10045>.
- Shihab, M. Quraish. *Tafsir Al-Mishbah Jilid 1*. Tangerang: Lentera Hati, 2002.
- . *Tafsir Al-Mishbah Jilid 4*. Tangerang: Lentera Hati, 2002.
- . *Tafsir Al-Mishbah Jilid 5*. Tangerang: Lentera Hati, 2002.
- . *Tafsir Al-Mishbah Jilid 7*. Tangerang: Lentera Hati, 2002.
- . *Tafsir Al-Mishbah Jilid 8*. Tangerang: Lentera Hati, 2002.
- . *Tafsir Al-Mishbah Jilid 11*. Tangerang: Lentera Hati, 2002.
- . *Tafsir Al-Mishbah Jilid 12*. Tangerang: Lentera Hati, 2002.

- Suak, Helmi Ebrahim. "Analisis Dimensi Openness dan Conscientiousness (The Big Five Personality Traits) terhadap Generasi Y Dan Z dalam Organizational Citizenship Behaviour." *Jurnal Ilmu Hukum, Humaniora Dan Politik* 1, no. 2 (2021): 211–15. <https://doi.org/10.38035/jihhp.v1i2>.
- Sugiyono, Sugiyono. *Metode Penelitian Kuantitatif, Kualitatif, Dan R&D*. Bandung: Alfabeta, 2013.
- Sulistiani, Siti Mirzanah Nur. "Sabar dalam Tafsir Al-Misbah: Solusi Mencapai Kesehatan Mental." UIN Prof. K.H. Saifuddin Zuhri Purwokerto, 2023.
- Suparlan, Suparlan. "Psikologi dan Kepribadian Perspektif Al-Quran." *HUMANIKA* 8, no. 1 (August 2018): 1–16. <https://doi.org/10.21831/hum.v8i1.21005>.
- Suryabrata, Sumadi. *Pengembangan Alat Ukur Psikologis*. 3. Yogyakarta: ANDI, 2005.
- Swain, Scott D., Danny Weathers, and Ronald W. Niedrich. "Assessing Three Sources of Misresponse to Reversed Likert Items." *Journal of Marketing Research* 45, no. 1 (February 2008): 116–31. <https://doi.org/10.1509/jmkr.45.1.116>.
- Thalib, Syamsul Bachri. *Psikologi pendidikan berbaris analisis empiris aplikatif*. Jakarta: Kencana, 2010.
- Tumanggor, Raja Oloan. "Analisa Konseptual Model Spiritual Well-Being Menurut Ellison dan Fisher." *Jurnal Muara Ilmu Sosial, Humaniora, Dan Seni* 3, no. 1 (October 2019): 43–53. <https://doi.org/10.24912/jmishumsen.v3i1.3521>.
- Tumanggor, Raja Oloan, and Agoes Dariyo. "Peran Spiritual Well-Being Untuk Menumbuhkembangkan Kesehatan Mental Demi Mewujudkan Ketahanan Sosial Pada Masyarakat Korban Konflik Sosial Di Aceh Singkil." *Jurnal Ketahanan Nasional* 27, no. 1 (June 2021): 1–15. <https://doi.org/10.22146/jkn.64606>.
- Unger, Alexander, Chongzeng Bi, Ying-Ying Xiao, and Oscar Ybarra. "The Revising of the Tangney Self-Control Scale for Chinese Students." *PsyCh Journal* 5, no. 2 (June 2016): 101–16. <https://doi.org/10.1002/pchj.128>.
- Utari, Rani, Siti Masykurah, and Abudzar Alghifari. "Analisis Interpretasi Ayat-Ayat Syukur dalam Tafsir Al-Misbah: Sebuah Pendekatan Psikologis." *Al Furqan: Jurnal Ilmu Al Quran Dan Tafsir* 7, no. 2 (December 2024): 279–99. <https://doi.org/10.58518/alfurqon.v7i2.2942>.
- Yunus, Mahmud. *Kamus Arab Indonesia*. Jakarta: PT Hidakarya Agung, 1989.

Zeng, Biao, Minjeong Jeon, and Hongbo Wen. "How Does Item Wording Affect Participants' Responses in Likert Scale? Evidence from IRT Analysis." *Frontiers in Psychology* 15 (October 2024): 1–10. <https://doi.org/10.3389/fpsyg.2024.1304870>.