

**INTEGRATING STOIC PHILOSOPHY IN ENGLISH LANGUAGE
TEACHING OF THE FIRST GRADE AT MTsN 8 BLITAR :
ENHANCING THE STUDENTS RESILIENCE AND EMOTIONAL
BALANCE**

THESIS



by :

SAMASTA GITO BASKARA

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**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
FACULTY OF TARBIYAH AND TEACHER TRAINING
UNIVERSITAS ISLAM NEGERI SAYYID ALI RAHMATULLAH
TULUNGAGUNG**

2026

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THESIS

State Islamic University of Sayyid Ali Rahmatullah Tulungagung in partial fulfilment of the
requirement for the degree *of Sarjana Pendidikan* in English Education



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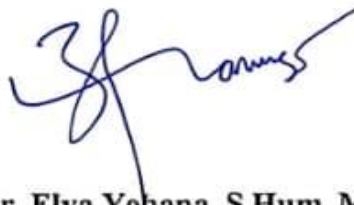
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2026**

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Thesis entitled "Integrating Stoic Philosophy in English Language Teaching of First Grade at MTsN 8 Blitar: Enhancing Student Resilience and Emotional Balance" written by Samasta Gito Baskara (126203213216) has been checked and approved to be examined.

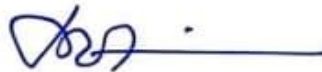
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INTEGRATING STOIC PHILOSOPHY IN ENGLISH LANGUAGE TEACHING OF FIRST GRADE AT MTsN 8 BLITAR: ENHANCING STUDENTS RESILIENCE AND EMOTIONAL BALANCE

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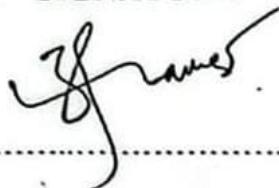
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I, the undersigned:

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Department/Program : English Education Department
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I hereby declare that this Bachelor's Thesis is solely my own work and is not plagiarised in part or in whole.

If this Bachelor's Thesis is proven as the result of plagiarism, in part or in whole, then I am in to accept any sanction in accordance with the determined regulation or its consequence.

Tulungagung, 14th of September 2026

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126203213216



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MOTTO

قِيَمَةُ كُلِّ امْرِئٍ مَا يُحْسِنُهُ

(Qīmatu kulli imri'in mā yuḥsinuh.)

“Nilai setiap manusia ditentukan oleh apa yang ia kuasai dan ia lakukan dengan sebaik-baiknya.”

— **Ali ibn Abi Thalib, Nahj al-Balāghah Hikmah 81**

"The happiness of your life depends upon the quality of your thoughts."

(Kebahagiaan Hidupmu bergantung pada kualitas pikiranmu)

— **Marcus Aurelius, Meditations**

DEDICATION SHEET

This thesis is dedicated to the people who have shaped, supported, and accompanied my academic journey in different yet meaningful ways. Their guidance, encouragement, and presence whether constant or momentary have contributed to the values, perseverance, and commitment that made the completion of this study possible.

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This thesis is presented as part of the requirements for acquiring an undergraduate degree in education in Faculty Tarbiyah and Teacher Training of State Islamic University of Sayyid Ali Rahmatullah Tulungagung. The researcher believes that the thesis would not finished without the assistance, support, and advice from a variety of sources. The researcher would like to express the greatest thanks and appreciation for those people, they are:

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Therefore, constructive criticism and suggestions are needed in order to complete the short comings of this thesis. So that this thesis is more valuable and useful for future generations. Finally, the researcher prays may all the efforts and pains get endless blessings from Allah SWT. Aamiin.

Tulungagung, 14th of September 2026
The Researcher



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