

REFERENCES

- Al Izza, A., and S. Lailiyah. 2024. "Literature Review: Factors Affecting Final Year Students' Anxiety in Preparing a Thesis in Indonesia." *Journal of Community Mental Health and Public Policy* 6 (2).
- Arina, B. 2019. *Hubungan Dukungan Teman Sebaya dengan Kecemasan pada Mahasiswa yang Sedang Mengerjakan Skripsi*. Undergraduate thesis, Universitas Islam Indonesia.
- Bandura, Albert. 1997. *Self-Efficacy: The Exercise of Control*. New York: Freeman.
- Bitchener, John, and Helen Basturkmen. 2006. "Perceptions of the Difficulties of Postgraduate L2 Thesis Students Writing the Discussion Section." *Journal of English for Academic Purposes* 5 (1).
- Braun, Virginia, and Victoria Clarke. 2006. "Using Thematic Analysis in Psychology." *Qualitative Research in Psychology* 3 (2).
- Cohen, Sheldon, and Thomas A. Wills. 1985. "Stress, Social Support, and the Buffering Hypothesis." *Psychological Bulletin* 98 (2).
- Creswell, John W. 2013. *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. 3rd ed. Thousand Oaks, CA: SAGE Publications.
- Creswell, John W. 2014. *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. 4th ed. Thousand Oaks, CA: SAGE Publications.
- Cutrona, Carolyn E., and Daniel W. Russell. 1990. "Type of Social Support and Specific Stress: Toward a Theory of Optimal Matching." In *Social Support: An Interactional View*. New York: Wiley.

- Eddles-Hirsch, Katrina. 2015. "Phenomenology and Educational Research." *International Journal of Advanced Research* 3 (8).
- Gautam, P. 2019. "Writing Skill: An Instructional Overview." *Journal of NELTA Gandaki* 2.
- Guest, Greg, Arwen Bunce, and Laura Johnson. 2006. "How Many Interviews Are Enough? An Experiment with Data Saturation and Variability." *Field Methods* 18 (1).
- Horwitz, Elaine. 2001. "Language Anxiety and Achievement." *Annual Review of Applied Linguistics* 21.
- House, James S. 1981. *Work Stress and Social Support*. Reading, MA: Addison-Wesley.
- House, James S. 1983. *Work Stress and Social Support*. Addison-Wesley Series on Occupational Stress.
- Huerta, María, Patricia Goodson, Mina Beigi, and Dominique Chlup. 2017. "Graduate Students as Academic Writers: Writing Anxiety, Self-Efficacy, and Emotional Intelligence." *Higher Education Research and Development* 36 (4).
- Jafari, S. M. 2019. "On the Relationship between L2 Writing and L2 Writing Anxiety." *International Journal of English and Education* 8 (2).
- Kallio, Hanna, Anna-Maija Pietilä, Martin Johnson, and Mari Kangasniemi. 2016. "Developing a Framework for a Qualitative Semi-Structured Interview Guide." *Journal of Advanced Nursing* 72 (12).

- King, Brian M. 2020. *Social Relationships as Resources in Later Life: The Dynamics of Structural and Functional Support*. Tallahassee: Florida State University.
- Kurniawati, A., and A. E. P. Atmojo. 2022. "EFL Thesis Writing Anxiety: Causes, Effects, and Coping Strategies." *EnJourMe* 7 (2).
- Kusuma, H. 2021. "Perspektif Skripsi sebagai Cerminan Kompetensi Mahasiswa." *Journal of Education* 10 (3).
- Laksmiwati, E. D., and M. S. Tondok. 2023. "Perceived Social Support, Academic Self-Efficacy, and Anxiety among Final Year Undergraduate Students." *Bulletin of Counseling and Psychotherapy* 5 (2).
- Laursen, Brett, and René Veenstra. 2021. "Toward Understanding the Functions of Peer Influence." *Journal of Research on Adolescence* 31 (4).
- Lincoln, Yvonna S., and Egon G. Guba. 1985. *Naturalistic Inquiry*. Beverly Hills, CA: SAGE Publications.
- Luo, Q., R. Ahmadi, and S. Izadpanah. 2024. "Exploring the Mediating Role of Self-Efficacy Beliefs among EFL University Language Learners." *Heliyon* 10 (12).
- Maharani, A. 2021. "Dampak Beban Akademik terhadap Motivasi Mahasiswa Akhir." *Jurnal Pendidikan Indonesia* 7 (1).
- Malecki, Christine K., Mary K. Demaray, Stephen N. Elliott, and Peter W. Nolt. 2000. "Child and Adolescent Social Support Scale." *Psychology in the Schools*.

Mind. 2025. "Peer Support: What It Is and How It Helps." Accessed September 1, 2025. <https://www.mind.org.uk>.

Murray, Neil. 2012. *Writing Essays in English Language and Linguistics*. Cambridge: Cambridge University Press.

Pravita, A. R., and P. Kuswandono. 2022. "Writing Anxiety and Academic Procrastination on Undergraduate Thesis Writing." *Journal of English Education and Linguistics Studies* 9 (1).

Repper, Julie, and Tim Carter. 2011. "A Review of the Literature on Peer Support in Mental Health Services." *Journal of Mental Health* 20 (4).

Spielberger, Charles D., ed. 2013. *Anxiety: Current Trends in Theory and Research*. Amsterdam: Elsevier.

Subekti, A. S., and G. E. Kawengian. 2023. "Thesis Writing Anxiety among Indonesian Pre-Service Teachers of English." *Englisia: Journal of Language, Education, and Humanities* 11 (1).

Swarni, B. R. 2016. *Students' Problems in Writing Thesis*. Undergraduate thesis, Mataram University.

Wisker, Gina, Kate Exley, Maria Antoniou, and Peter Ridley. 2008. *Working One-to-One with Students*. New York: Routledge.