

DAFTAR PUSTAKA

- Alya, Adinda, Miranti Rasyid, Aulia Suhesty, and Nanik Handayani. "Work Readiness Reviewed From Proactive Personality And Psychological Capital." *Munaddhomah* 5, no. 3 (2024): 293–302.
- Amos, Deni, Evi Srinur Hastuti, and Nida Muthi Annisa. "The Effect of Psychological Capital on Work Readiness of Final-Year Students in Bandung City." *In Search* 25, no. 1 (2026).
- Anggi, Gita Fitria, and Hadi Cahyono. "The Effect of Internship Experience and Psychological Capital on Student Job Readiness in Gresik Regency with Work Motivation as a Mediation Variable." *RIGGS: Journal of Artificial Intelligence and Digital Business* 4, no. 4 (2026): 14406–14.
- Asrun, Muhammad, Aspin, and Dodi Silondae. "Hubungan Antara Tingkat Kecerdasan Spiritual Dengan Tingkat Stres Pada Mahasiswa Psikologi Yang Menyusun Skripsi Di Universitas Halu Oleo Tahun Akademik 2018/2019." *Jurnal SUBLIMAPSI* 1, no. 1 (2020): 44–50.
- Ayu, Maria Ni Komang, I Gde Dhika Widarnandana, and Diah Widiawati Retnoningtias. "Pentingnya Perencanaan Karier Terhadap Pengambilan Keputusan Karier." *Psikostudia : Jurnal Psikologi* 11, no. 3 (2022): 341.
- Azky, S, and O P Mulyana. "Faktor Faktor Yang Mempengaruhi Kesiapan Kerja Mahasiswa Literature Review." *Innovative Journal of Social Science Research* 4, no. 3 (2024): 3178–92.
- Azky, S, and Olievia Prabandini Mulyana. "Hubungan Antara Modal Psikologis Dengan Kesiapan Kerja Pada Mahasiswa." *Character Jurnal Penelitian Psikologi* 11, no. 2 (2024): 1098–1116.
- Badan Pusat Statistik. "Tingkat Pengangguran Terbuka Berdasarkan Tingkat Pendidikan." Jakarta: Badan Pusat Statistik, 2025. <https://www.bps.go.id/id/statistics-table/2/MTE3OSMy/tingkat-pengangguran-terbuka-berdasarkan-tingkat-pendidikan.html>, diakses 11 Mei 2026.
- Bandura, Albert. "Self-Efficacy: Toward a Unifying Theory of Behavioral

- Change.” *Psychological Review* 84, no. 2 (1977): 191–215.
- Brady, Robert P. *Work Readiness Inventory*. JIST Works, 2010.
- Caballero, C L, A Walker, and M Fuller-Tyszkiewicz. “The Work Readiness Scale (WRS): Developing a Measure to Assess Work Readiness in College Graduates.” *Journal of Teaching and Learning for Graduate Employability* 2, no. 1 (2011): 41–54.
- Caballero, Catherine, and Anthony Walker. “Work Readiness in Graduate Recruitment and Selection.” *Journal of Teaching and Learning for Graduate Employability* 1, no. 1 (2010): 13–25.
- Dewi, R K, A Rejeki, and I Fitri Sholichah. “Improving Work Readiness on Graduates: The Roles of Psychological Capital.” In *UMGESHC: Engineering, Social Science, and Health International Conference*, 1:442–51, 2021.
- Departemen Agama RI. (2019). *Al-Qur’an Dan Terjemahannya*. Jakarta: Lajnah Pentashihan Mushaf Al-Qur’an.
- Dluha, Muhammad Syamsud, Dewi Retno Suminar, and Wiwin Hendriyani. “Pengaruh Adversity Quotient Dan Dukungan Sosial Terhadap Adaptabilitas Karir Siswa Di SMK ‘X’ Gresik.” *Jurnal Psikologi: Media Ilmiah Psikologi* 18, no. 1 (2020): 49–57.
- Fadhilah, Mira Siti Nur. “Pengaruh Pengalaman Praktik Kerja Lapangan Terhadap Kesiapan Kerja Siswa (Kelas XII Akuntansi Dan Keuangan Lembaga Di SMK Negeri 1 Palasah).” *Fineteach: Journal of Finance, Entrepreneurship, and Accounting Education Research* 4(1), no. 1 (2025): 59–67.
- Fugate, M, A J Kinicki, and B E Ashforth. “Employability: A Psychosocial Construct, Its Dimensions, and Applications.” *Journal of Vocational Behavior* 65, no. 1 (2004): 14–38.
- Ghozali, Imam. *Aplikasi Analisis Multivariate Dengan Program IBM SPSS 26*. 10th ed. Semarang: Badan Penerbit Universitas Diponegoro, 2021.
- Grotberg, Edith Henderson. “The International Resilience Project: Promoting Resilience in Children.” *Civitan International Research Center.*, 1995, 1–56.

- Gunawan, Imam, D D Noor Benty, D Eri Kusumaningrum, R Bambang Sumarsono, D Novita Sari, F Dwi Pratiwi, S Oktavia Ningsih, A Ferindistika Putri, and L Kim Hui. "Pengaruh Gaya Kepemimpinan, Kemampuan Manajerial, Efikasi Diri, Dan Prestasi Belajar Terhadap Kesiapan Kerja Mahasiswa." *JMSP (Jurnal Manajemen Dan Supervisi Pendidikan)* 4, no. 2 (2020): 126–50.
- International Labour Organization. "Exploring the Gig Economy: Challenges and Opportunities." Geneva: International Labour Organization, 2025.
- Luthans, F, C M Youssef, and B J Avolio. *Psychological Capital: Developing the Human Competitive Edge*. Oxford University Press, 2007.
- Luthans, Fred. "Positive Organizational Behavior: Developing and Managing Psychological Strengths." *Academy of Management Executive* 16, no. 1 (2002): 57–72.
- Marliza, Syalwa, and Cut Metia. "Cultivating Work Readiness Through Psychological Capital and Social Support : A Transformational Learning Perspective" 03, no. 02 (2026): 244–53.
- Muhmin, Andi Hidayat. "Pentingnya Pengembangan Soft Skills Di Perguruan Tinggi." *Forum Ilmiah* 15 (2018): 330.
- Mula, Izzatul, and Auliya Ristiani. "Transformasi Struktur Pekerjaan Dan Kebutuhan Keterampilan Di Era Teknologi AI Dan Otomatisasi Di Pasar Global," 2025.
- Muspawi, Mohamad, and Ayu Lestari. "Membangun Kesiapan Kerja Calon Tenaga Kerja." *Jurnal Literasiologi* 4, no. 1 (2020): 111–17.
- Nisa, Khoirun A. "Pengaruh Psychological Capital Terhadap Kesiapan Kerja Pada Mahasiswa Magang Merdeka Belajar Kampus Merdeka Effect Of Psychological Capital On Work Readiness In Merdeka Belajar Kampus Merdeka Internship." *Jurnal Ilmu Psikologi Dan Kesehatan*, 2023, 1–6.
- Oluigbo, Chinedu U, Ebiringa C Ngozi, and Patterson M N I Ohaegbu. "Determination of Sample Sizes in Research Using Taro Yamane Formula: An Overview." In *Proceedings of the 1st Annual Faculty of Science International Conference, Niger Delta University 2024 (AFSIC-NDU2024)*,

- 76–84. Wilberforce Island, Bayelsa State, Nigeria: Niger Delta University, 2024.
- Peersia, K, Nicholas A Rappa, and Lyn Perry. “Work Readiness: Definitions and Conceptualisations.” *Higher Education Research and Development*, 2024.
- Permei Sela, Nina, Firsty Oktaria Grahani, and Mardiyanti. Ressay. “Studi Korelasi Modal Psikologi Dengan Kesiapan Kerja Mahasiswa Semester Akhir Di Universitas Wijaya Putra Surabaya.” *Jurnal Psikologi: Media Ilmiah Psikologi* 2 (2022).
- Pratama, Jory Putra, and Ayunda Ramadhani. “Pengaruh Kepribadian Proaktif Dan Modal Psikologis Terhadap Kesiapan Kerja Pada Siswa SMK.” *Psyche 165 Journal* 18 (2025): 81–86.
- Putri, Augesty Fadhilah, and Farah Aulia. “The Influence of Psychological Capital on Work Readiness in Diploma Level Undergraduates at Padang State University with Gender as A Moderating Variable Pengaruh Psychological Capital Terhadap Kesiapan Kerja Pada Mahasiswa Akhir Tingkat Diploma Universita.” *International Journal of Trends in Global Psychological Science and Education* 1, no. 4 (2024): 161–74.
- Retnawati, Heri. *Analisis Kuantitatif Instrumen Penelitian*, 2016.
- Rifqi, A. M. Farhan, Lukman, and Andi Nasrawati Hamid. “The Role of Psychological Capital on Work Readiness Among Final-Year University Students.” *Journal of Educational, Health and Community Psychology* 15, no. 2 (2026): 621–33.
- Sarafino, Edward P, and Timothy P Smith. *Health Psychology: Biopsychosocial Interactions*. 7th ed. John Wiley & Sons, 2011.
- Saraswati, K D H, D Lie, and R B Pribadi. “Peran Modal Psikologis Dan Dukungan Sosial Terhadap Kesiapan Kerja Mahasiswa Universitas X.” *Provita* 15, no. 1 (2022).
- Seligman, Martin E P. *Learned Optimism: How to Change Your Mind and Your Life*. Vintage Books, 2006.
- Setiadi Slamet, and Sumaryoto. “Motivasi Memasuki Dunia Kerja Dan Pengalaman Praktik Kerja Industri Mempengaruhi Kesiapan Kerja Siswa.”

- Jurnal Pendidikan IPS* 4, no. 2 (2021): 155–69.
- Snyder, Charles R, Cheri Harris, John R Anderson, Sharon A Holleran, Lori M Irving, Sandra T Sigmon, Lee Yoshinobu, Joy Gibb, Carol Langel, and Pat Harney. “The Will and the Ways: Development and Validation of an Individual-Differences Measure of Hope.” *Journal of Personality and Social Psychology* 60, no. 4 (1991): 570–85.
- Sri Maharani, and Erwin Permana. “Analisis Kesenjangan Keterampilan (Skill Gap) Mahasiswa Dengan Kebutuhan Industri Di Era Revolusi Industri 4.0.” *Jurnal Rimba Riset Ilmu Manajemen Bisnis Dan Akuntansi* 4, no. 2 (2026): 78–91.
- Sugiyono. *Metode Penelitian Kuantitatif, Kualitatif, Dan R&D*. Bandung: Alfabeta, 2017.
- . *Metode Penelitian Kuantitatif, Kualitatif Dan R&D*. Bandung: Alfabeta, 2019.
- Tugade, Michele M, and Barbara L Fredrickson. “Resilient Individuals Use Positive Emotions to Bounce Back from Negative Emotional Experiences.” *Journal of Personality and Social Psychology* 86, no. 2 (2004): 320–33.
- Ward, Valerie G, and Douglas I Riddle. “Defining and Measuring Employment Readiness.” *Employment Readiness Research*, 2004.
- Wijaya, Amal Danuarta. “Dampak Rendahnya Self Efficacy Pada Mahasiswa Tingkat Akhir: Sebuah Studi Literatur.” *JUBIKOPS: Jurnal Bimbingan Konseling Dan Psikologi* 4, no. 2 (2021): 116.
- World Economic Forum. “Future of Jobs Report 2025.” Geneva: World Economic Forum, 2025.
- . “The Future of Jobs Report 2023,” 2023. <https://www.weforum.org/publications/the-future-of-jobs-report-2023/>, diakses 11 Mei 2026.
- Zakiah, Imarotuz, Novi Trisnawati, and Lifa Farida Panduwina. “The Effect of Field Work Practice and Psychological Capital on Work Readiness Mediated by Social Support.” *Journal of Office Administration Education (JPAP)* 13, no. 3 (2025): 678–91.

Zimet, Gregory D. "The Multidimensional Scale of Perceived Social Support."
Journal of Personality Assessment 52, no. 1 (1988): 30–41.